

PATIENT SERVICES

Our multi-discipline Medical team diagnoses injuries and formulates individualized patient therapy geared toward pain relief and long term rehabilitation. The practitioners at Integrated Medical Care offer an advanced concept in health care. They combine and coordinate the knowledge and skills of many different specialties, thereby providing the best in interdisciplinary care. Our philosophy is to alleviate pain using the most gentle and effective methods available.



A

ACUPUNCTURE

Promotes and reestablishes the free flow of qi (energy).

Has been used for centuries throughout Asia and more recently in the United States to treat hundreds of conditions such as: acute pain, chronic pain, back pain, stress, headaches, immunological problems and many more.

P T

PHYSICAL THERAPY

Increases and maintains muscle strength, endurance and coordination while evaluating physical problems.

Restore and increase range of motion in joints.

Decrease pain, muscle spasms and swelling of joints.

Alleviate a wide variety of problems such as walking, stress and the healing of soft tissue.



C C

CHIROPRACTIC CARE

Chiropractic is a method of removing spinal damage so that your body may work better and heal itself.

Checkups including spinal adjustments in order to relieve spinal stress allow the body to restore itself to a greater level of health.

A healthy spine can improve many diseases or conditions. Ask us how it can help you.

A MULTIDISCIPLINARY TEAM

HERBAL MEDICINE, NUTRITIONAL COUNSELING, CHIROPRACTIC CARE, PHYSICAL THERAPY, JOINT & MUSCLE INJECTIONS, MEDICINE, PHYSICAL MEDICINE, BIOFEEDBACK, MASSAGE THERAPY, ACUPUNCTURE, OSTEOPATHIC MANIPULATION, PROLOTHERAPY (INJECTIONS FOR JOINT INSTABILITY)

M T

MASSAGE THERAPY

Massage relaxes muscle contractions, spasms and relieves general body tension.

It increases the blood supply and nutrition to muscles.

Improves circulation

Can compensate for lack of exercise and contraction in persons who because of injury, illness or age are forced to remain inactive.

Helps lessen inflammation following injury to ligaments and tendons, and so alleviates pain, lessens tissue damage and helps facilitate movement.



I P

WE ACCEPT MOST INSURANCE PLANS

Auto No-Fault

Workers Compensation

Medicare & Union

Major Medical



Mc M

MEDICAL CASE MANAGEMENT

Multi-discipline approach to treating injuries including both Holistic and traditional methods for pain control.

We provide personalized care with immediate appointments and convenient hours.

X-rays and diagnostic testing.

English and Spanish speaking staff.

WE TREAT MANY CONDITIONS

NECK PAIN, BACK PAIN, SCIATICA, SPRAINS, STRAINS, MUSCLE SPASMS, TMJ, HEADACHES, CARPAL TUNNEL, SHOULDER PAIN, SPORTS INJURIES, WORK INJURIES, AUTO ACCIDENTS, KNEE INJURIES, JOINT PAIN, ARTHRITIS PAIN AND POST SURGICAL REHABILITATION

OUR TEAM

Jill Fetell, M.D.
Acupuncture and
Complimentary Medicine

Tin Tin Wynn, M.D.
Board Certified PMR
Physical Medicine & Rehabilitation

Daniel Umberger, D.O.
Traditional Osteopathy

Marc Price, D.C.
Chiropractor

Apollo Vergara
Licensed Physical Therapist

Marilen Bulaon
Licensed Physical Therapist

Roshen Kuriakose
Physical Therapy Assistant

Kristine Vitto

Jude Placio
Biofeedback Practitioner

Andre Heath
Biofeedback Practitioner

Mark Belnick
Licensed Acupuncturist

Eli Goldschmidt
Licensed Acupuncturist

Anne-Marie Mulder
Licensed Massage Therapist

Gregory Phillips
Licensed Massage Therapist

Katherine Canale
Licensed Massage Therapist

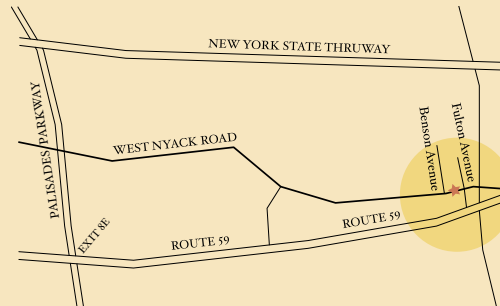
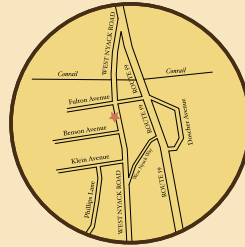
Tara L. Hutchinson
Licensed Massage Therapist

Lois Lagomarsino
Licensed Massage Therapist

DRIVING DIRECTIONS

Palisades Professional Center is conveniently located at the crossroads of Palisades Interstate Parkway, I-87 and I-287, near the renowned business, healthcare and residential communities of Rockland, Westchester and Bergen counties.

Route I-87 to exit 13 south (Palisades Interstate Parkway). Go 3/10 mile on PIP to exit 8W (Route 59 West). Proceed 500 ft. to first right (Rose Road), then another 4/10 mile to the end. Turn right (east) on West Nyack Road approx. 4/10 mile to Medical Park Drive and Palisades Professional Center entrance on your right.



Telephone: 845-354-2444
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Palisades Professional Center
2 Medical Park Drive
West Nyack, New York 10994

INTEGRATED MEDICAL CARE

A COMPREHENSIVE
PHYSICAL MEDICINE AND
REHABILITATION CENTER

